

Monday

Tuesday

Wednesday

Thursday

Friday



SEPTEMBER 2017

NEWEL POST ACTIVITIES

1
8:30 Social
9:30 Labor Day Trivia
10:30 Parachute Games
11:00 Twist and Tone
11:30 Lunch
12:30 Table Pong



NEWEL POST CLOSED

| | | | | | | | | |
|---|---|---|--|---|---|---|--|---|
| 4 | 8:30 Social/Wellness 9:30 Judy's Music 10:30 Client Council and Safety 11:00 Noodleball 11:30 Lunch 12:30 Bill's Message | 5 | 8:30 Social/Wellness 9:30 Ben's Music 10:30 Football Matching 11:00 Kickball 11:30 Lunch 12:30 Judd's Music | 6 | 8:30 Social/Wellness 9:30 Ken's Senior Music 10:30 Name That Job Song 11:30 Lunch 12:30 Remember When with Elaine | 7 | 8:30 Social 9:30 Louie's Stretches 10:30 Football Games 11:00 Football Exercises 11:30 Lunch 12:30 Tailgate Party HAWKS OR CYCLONES | 8 |
|---|---|---|--|---|---|---|--|---|

8:30 Social
9:30 Hidden In Plain Sight
10:30 Noodleball
11:00 Chairbics
11:30 Lunch
12:30 Carol Mae

11
8:30 Social/Wellness
9:30 Judy's Music
10:30 Random Trivia
11:00 Fitness Fun
11:30 Lunch
12:30 Bingo

12
8:30 Social/Wellness
9:30 Balloon Volleyball
10:30 Name That Tune
11:00 Stretch-n-Flex
11:30 Lunch
12:30 Cheryl and Rose Pet Pals

13
8:30 Social/Wellness
9:30 Noodleball
10:30 Name Game
11:00 Shaping Up
11:30 Lunch
12:30 Timeless Trivia
Astronauts, Moon Shoots

14
8:30 Social
9:30 Frisbee Golf
10:30 Bookworm Detective
11:00 Stay In Shape
11:30 Lunch
12:45 Jessica & Friends

18
8:30 Social
9:30 Penny Pitch
10:30 Family Feud
11:00 Move and Groove
11:30 Lunch
12:30 Carol Mae

19
8:30 Social/Wellness
9:30 Accordion Jean
10:30 The Price is Right
11:00 Twist and Tone
11:30 Lunch
12:30 Bill's Message

20
8:30 Social/Wellness
9:30 Ben's Music
10:30 Tic Tac Toe
11:00 Exercise 101
11:30 Lunch
12:30 Judd's Music

21
8:30 Social/Wellness
9:30 Autumn Matching
10:30 Noodleball
11:00 Let's Get Physical
11:30 Lunch
12:30 Reminiscing with Carol

22
8:30 Social
9:30 Louie's Stretches
10:30 Back to School Detective
11:00 Move to the Music
11:30 Lunch
12:30 Bingo

25
8:30 Social
9:30 Make Scarecrows
10:30 All About Autumn
11:00 Shape Up
11:30 Lunch
12:30 Carol Mae

26
8:30 Social
9:30 Judy's Music
10:30 Point Game
11:00 Kickball
11:30 Lunch
12:30 Scavenger Hunt
BIRTHDAY PARTY

27
8:30 Social
9:30 Balloon Volleyball
10:30 You Tube
11:00 Fitness Fun
11:30 Lunch
12:30 Cheryl and Rose Pet Pals

28
8:30 Social
9:30 Fall Craft
10:30 Penny Pitch
11:00 Get Moving
11:30 Lunch
12:30 Bingo

29
8:30 Social
9:30 Octoberfest Trivia
10:30 Parachute Games
11:00 Twist and Tone
11:30 Lunch
12:30 Finding Munich and Root beer & Pretzels